



Congress

27-02-2014

09:00

Opening of the secretariat

09:30

Opening conference - Literacy in mental health: a decade of research - results and challenges

Auditorium - Campus B

Anthony Francis Jorm - Orygen Youth Health Research Center, University of Melbourne

Moderator: Luís Loureiro

10:30

Coffee break

10:45

PANEL I - HEALTH LITERACY, PROMOTION, EDUCATION AND COMMUNICATION

Moderator: Aida Mendes

HEALTH LITERACY: AWARENESS, HEALTH AND CITIZENSHIP

Luís Saboga Nunes - Escola Nacional de Saúde Pública - Universidade Nova de Lisboa

SCIENCE COMMUNICATION WITH THE PUBLIC - IMPACT ON HEALTH BEHAVIOR

Manuel Rodrigues - Health Sciences Research Unit: Nursing - ESEnC

12:15

Official opening ceremony

13:00

Lunch

14:00

PANEL II - ADOLESCENCE AND YOUTH: CHALLENGES, INTERVENTIONS AND OUTCOMES

Auditorium - Campus B

Moderator: Ricardo Ferreira

SOCIAL ADVENTURE: A RETROSPECTIVE OF ADOLESCENTS AND YOUNG PEOPLE'S HEALTH

Margarida Matos - Faculty of Human Motricity - Lisbon Technical University

FELIZ MENTE - EDUCATION AND SENSITIZATION TO MENTAL HEALTH

Luís Loureiro - Health Sciences Research Unit: Nursing - ESEnC

FINDING SPACE TO MENTAL HEALTH

Luísa Campos - FEP-UCP - Encontrar+se

+CONTIGO

José Carlos Santos - Health Sciences Research Unit: Nursing - ESEnC

16:00

Coffee break

16:15

PANEL III - IS ALCOHOL CONSUMPTION IN TEENS WORRYING? CHALLENGES

Auditorium - Campus B

Moderator: Ana Martins

ALCOHOL AND ADOLESCENTS - NEUROBIOLOGICAL AND BEHAVIORAL BASES

Ana Moscoso - CHLC - D. Estefânia Hospital

WALKING THE TIGHTROPE - PREVENTION OF PSYCHOACTIVE SUBSTANCES USE IN ADOLESCENTS AND YOUNG ADULTS

Elsa Fé - Lisbon Alcoholism Department

1º CONGRESSO INTERNACIONAL DE LITERACIA EM SAÚDE MENTAL

Capacitar as pessoas e as comunidades para agir **27-28 Fevereiro 2014**
//////////////////////// **PORTUGAL**



PROMOTING LITERACY ABOUT ALCOHOL ABUSE: SCHOOL-BASED INTERVENTION

Ana Teresa Pedreiro - Health Sciences Research Unit: Nursing - ESEnfC

BRIEF INTERVENTIONS IN REDUCING HARMFUL ALCOHOL CONSUMPTION

Teresa Barroso - Health Sciences Research Unit: Nursing - ESEnfC

18:00

Presentation of Posters

18:15

MONOGRAPH PRESENTATION: MENTAL HEALTH LITERACY: EMPOWERING PEOPLE AND COMMUNITIES TO ACT

Auditorium - Campus B

Será oferecido o Livro a todos os presentes no Lançamento

19:30

End of Presentations

28-02-2014

09:00

PANEL I - MENTAL HEALTH LITERACY: APPLICATIONS IN DAILY PRACTICE

Auditorium - Campus B

Moderator: Teresa Barroso

EMPOWERING TO DEAL WITH THE DISEASE AND SYMPTOMS

Joaquim Gago - Faculty of Medical Sciences, Universidade Nova de Lisboa

THE CONCEPTS OF 'CURE' AND REHABILITATION IN MENTAL DISEASES

Rui Aragão Oliveira - Higher Institute of Applied Psychology

STIGMA AS AN INHIBITOR OF HELP-SEEKING IN MENTAL HEALTH

Filipa Palha - Encontrar+se - Portuguese Catholic University - Faculty of Education and Psychology

10:30

Coffee break

10:45

Free communications session

13:00

Lunch

14:00

PANEL II - FIRST AID/MENTAL HEALTH FIRST AID

Moderator: Manuel Rodrigues

EMOTIONAL FIRST AID

Ângela Maia - University of Minho

MENTAL HEALTH FIRST AID

Luís Loureiro - Health Sciences Research Unit: Nursing - ESEnfC

MENTAL HEALTH INTERVENTIONS IN FAMILY CONTEXT

Carlos Sequeira - Portuguese Society of Mental Health Nursing - Porto Nursing College

15:15

Coffee break

15:30

PANEL III - CHALLENGES IN MENTAL HEALTH

Moderator: Luís Loureiro

MENTAL HEALTH NURSING RESEARCH

1º CONGRESSO INTERNACIONAL DE LITERACIA EM SAÚDE MENTAL

Capacitar as pessoas e as comunidades para agir

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Aida Mendes - Health Sciences Research Unit: Nursing - ESEnfC

PROMOTION OF CITIZENSHIP THROUGH NURSING CARE

Lucília Nunes - School of Health Care - Polytechnic Institute of Setúbal

NATIONAL MENTAL HEALTH PLAN - FUTURE STRATEGIES

Álvaro de Carvalho - Director of the National Mental Health Plan - Directorate-General of Health

17:00

Closing session