



## Symposium

### 6th June 2016

**08:00**

Registration

**08:30**

Presentations

**09:00**

Showcase

3rd Showcase of Research Projects of the Health Sciences Research Unit: Nursing - Campus A - Hall

**10:15**

Coffee break

**10:30**

Conference: Evidence based Practice and Health Gains

Campus A - Auditorium

Coordinated by: Manuel Alves Rodrigues, Professor. Scientific Coordinator of the UICISA: E. ESEnC.

Speaker: Bridie Kent, Professor. Director of the Centre for Health and Social Care Innovation, Plymouth University.

**11:30**

Panel I: Production of knowledge to Evidence based Practice (production, synthesis, implementation and best practices)

Campus A - Auditorium

Coordinated by: Aida Mendes, Professor. Vice-President of the ESEnC.

Speakers:

Implementation - A CHALLENGE! - Inge Madsen, Professor. Aarhus University.

Synthesis of Science - João Costa, Coordinator-Director of Cochrane Portugal.

Synthesis of science: Levels of evidence and grades of recommendation - João Apóstolo, Professor. Deputy Director of the PCEBP. ESEnC.

**13:00**

Lunch

Canteen of Campus C

**14:00**

Presentations

**15:30**

Panel II: Healthcare Technology Innovation

Campus A - Auditorium

Coordinated by: Pedro Parreira, Professor. Executive Coordinator of TecCare/UICISA: E. ESEnC.

junho 2016 . ESEnC A

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# V CONGRESSO DE INVESTIGAÇÃO EM ENFERMAGEM IBEROAMERICANO E DE PAÍSES DE LÍNGUA OFICIAL PORTUGUESA

6

PRÉ-CONGRESSO

Simpósio Internacional de Cuidados de Saúde baseados na Evidência



## Speakers:

Innovative Processes in Nursing Care - Beatriz Guitton, Professor. School of Nursing, Fluminense Federal University.

The company perspective - Daniel Fonseca, Director of Muroplás.

How to support innovative projects - Bruno Silva, Director of PIEP.

**17:00**

Reflection

Campus A - Auditorium



## Scientific meetings

### 6th June 2016

14:00

SCIENCE SYNTHESIS AND EVIDENCE-BASED PRACTICE

Campus C - Conference Room UICISA: E

Coordination: João Apóstolo, Professor. Deputy Director of PCEBP-UICISA: E. ESEnC.

NB: Reunião - INVESTIGAÇÃO PARTICIPATIVA, em pré-congresso clique [aqui](#)

### 7th June 2016

10:30

EXPERIMENTAL AND APPLIED RESEARCH

Campus C - Conference Room UICISA: E

Coordination: Pedro Parreira, Professor. Deputy Director of PCEBP-UICISA: E. ESEnC.

14:30

RESEARCHERS'™ TRAINING, EDUCATIONAL PRACTICE AND CLINICAL ACTION

Campus C - Conference Room UICISA: E

Coordination: Paulo Queirós, Professor. Coordinator of the Scientific-Pedagogical Unit of Fundamental Nursing. ESEnC.

### 8th June 2016

14:30

SCIENTIFIC WRITING, EDITION AND COMMUNICATION OF SCIENCE

Campus C - Conference Room UICISA: E

Coordination: Manuel Alves Rodrigues, Professor. Coordinator of the Scientific-Pedagogical Unit of Fundamental Nursing. ESEnC.



## Congress

### 7th June 2016

**08:00**

Registration

**08:30**

Presentations

**09:00**

Showcase

3rd Showcase of Research Projects of the Health Sciences Research Unit: Nursing - Campus A - Hall

**10:15**

Coffee break

**10:30**

Presentations

**12:15**

Welcoming Session

Maria da Conceição Bento, President of the ESEnfC.

Manuel Alves Rodrigues, Scientific Coordinator of the UICISA: E. ESEnfC.

**13:00**

Lunch

Canteen of Campus C

**14:30**

Presentations

**16:30**

Coffee break

**16:45**

Panel I: Research and teaching-learning process

Campus A - Auditorium

Moderator: Ananda Fernandes, Professor. Director of the WHO Collaborating Center. ESEnfC.

Postgraduate education and scientific productivity - Márcia Assunção Ferreira, Professor. Anna Nery School of Nursing, Federal University of Rio de Janeiro.

Practical use of the research results in the teaching-learning process - Rodrigo Chacón, Professor. University of Las Palmas de Gran Canaria.

Learning and development in simulation settings - José Carlos Martins, Professor. Coordinator of the Scientific-Pedagogical Unit of Medical-Surgical Nursing. ESEnfC.



**21:30**

2nd Open Soiree of the Research Unit

Campus A - Auditorium

Prize-giving ceremony "Golden Spinning Top" 2016 Young Researcher

Free

## **8th June 2016**

**08:00**

Registration

**09:00**

Showcase

3rd Showcase of Research Projects of the Health Sciences Research Unit: Nursing - Campus A - Hall

**09:30**

Conference: The social and professional value of scientific research

Campus A - Auditorium

Moderator: Maria da Conceição Bento, President of the ESEnC.

Speaker: Alexandre Quintanilha, President of the CEIC.

**10:30**

Coffee break

**11:00**

Panel II: Research, collaborative action and funding

Campus A - Auditorium

Moderator: Rogério Rodrigues, Professor. ESEnC.

Interdisciplinary collaborative research - Amílcar Falcão, Professor. Vice-rector of the University of Coimbra.

Research Roadmap: Translational and clinical research infrastructures specialisation platform - Luís Soares, Coordinator of the TRIS-HCP.

Research and regional development - Pedro Vieira, CCDRC

**13:00**

Lunch

Canteen of Campus C

**14:30**

Presentations

**16:30**

Coffee break

**16:45**

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6

PRÉ-CONGRESSO

Simpósio Internacional de Cuidados de Saúde baseados na Evidência



## Panel III: Research, Health and Co-responsibility

Campus A - Auditorium

Moderator: Manuela Frederico, Professor. President of the Quality and Assessment Board. ESEnC.

Collaborative research and citizen engagement - Irma Brito, Professor. ESEnC.

Research, Health and Literacy - Rosa Zárate, Professor. Director of the WHO/PAO/ENEO Collaborating Center

The researchers' role in communicating science in health - Ana Sanchez, Member of the Board of Directors of the Portuguese Foundation for Science and Technology

**18:00**

Farewell



## Social Program

### 6th June 2016

**14:00**

Historical walking tour "from uptown to downtown Coimbra"

Free of charge but with limited places: 25 participants

Ponto de encontro: Hall do polo A - ESEnC

**18:00**

Welcoming cocktail

Canteen of Campus C

Free of charge

**21:00**

Coimbra Fado

"Fado ao Centro" is a Cultural Center with daily live concerts of Fado from Coimbra.

Here you can talk to the musicians, exchange experiences, and learn more about the Fado from Coimbra and the Portuguese guitar.

Only the best musicians of the city play in Fado ao Centro (always students and former students) and they are selected according to the highest standards.

The English journal "The Guardian" considered it to be one of 15 must-see places in Portugal.

You can also visit the "Oficina de Construção de Instrumentos" of Fado ao Centro, where the renowned Luthier "Eduardo Loio" works full-time and lectures courses on how to build musical instruments (Portuguese Guitar, Viola, Cavaquinho-small 4-string guitar, and Mandolin).

The Fado ao Centro is, undoubtedly, a place to visit in Coimbra. Following the work that has been held by this Cultural Association, you'll find different exclusive editions of books, CDs and DVDs related to Fado from Coimbra.

The Fado concert lasts approximately 50 minutes. A Port-wine reception ("Porto de Honra") will be held at the end

Meeting point / location: Casa de Fados, Rua do Quebra Costas nº 7 - Coimbra (Junto ao Arco de Almedina)

### 7th June 2016

**09:15**

Visit to the University of Coimbra

The University of Coimbra holds a vast and rich historical, architectural and cultural patrimony, which constitutes a precious common heritage of Humanity. On 22 June 2013, it was recognized by UNESCO as World Heritage site, an award that, much more than reflecting the architectural value of the Coimbra University Complex, highlights the universal value of the Portuguese Culture and Language and acknowledges the central role of Portugal in the history of the world.

Its 18th-century Library, located at the Royal Palace of the University of Coimbra, in the courtyard of the Faculty of Law, has a strong rococo style and is recognized as one of the most original and fascinating European baroque libraries. Apart from being a research



site for many students, it is also used for concerts, exhibitions and other cultural events.

Meeting point/location: At the box office, located in room of Halberdiers within the courtyard to the left of the Iron Gate (the appointment)

### 09:15

Historical walking tour "from uptown to downtown Coimbra"

Free of charge but with limited places: 25 participants

Ponto de encontro: Hall do polo A - ESEnfC

### 19:00

Gastronomic get-together

Outdoor get-together in Campus A, including:

- Spit-roasted Pork
- Caldo verde (Green broth soup)
- Regional Specialties
- Traditional desserts

### 21:30

2nd Open Soiree of the Research Unit

Campus A - Auditorium

Prize-giving ceremony "Golden Spinning Top" 2016 Young Researcher

Free

Live music performances of the ESEnfC Choir, the Big Band Rags of the TAUC and the ESEnfC musical group

## 8th June 2016

### 19:00

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Meeting point / location: Casa de Fados, Rua do Quebra Costas nº 7 - Coimbra (Junto ao Arco de Almedina)

## June 9

09:00

### Visit to the Shrine of Fatima and Batalha Monastery

O ponto de encontro - polo A - Hall

The Organization of the 5th Congress on Nursing Research of Ibero-American and Portuguese-speaking Countries is going to provide everyone who is interested with a visit to the Shrine of Fatima, followed by a visit to the Batalha Monastery.

This visit includes:

- Private bus transportation which leaves from and returns to Coimbra;
- Private tour guide;
- Entrance in the venues suggested by the Organization;
- Lunch;
- Individual insurance;
- Possibility to attend a religious ceremony in the Chapel of Apparitions (Fatima).

Shrine of Fatima:

(Official website)

On 13th May 1917, three children were pasturing their little flock in the Cova da Iria, parish of Fatima, town of Vila Nova de Ourém, today the diocese of Leiria-Fatima. They were called: Lucia de Jesus, aged 10, and her cousins Francisco and Jacinta Marto, aged 9 and 7.

About midday, after praying the Rosary, as was their custom, they were amusing themselves building a little house of stones scattered around the place where the Basilica now stands. Suddenly they saw a brilliant light, and thinking it to be lightning, they decided to go home. But as they went down the slope another flash lit up the place, and they saw on the top of a holmoak (where the Chapel of Apparitions now stands), "a Lady more brilliant than the sun", from whose hands hung a white rosary.

The Lady told the three little shepherds that it was necessary to pray very much, and she invited them to return to the Cova da Iria during five consecutive months, on the 13th day and at that hour. The children did so and on the 13th day of June, July, September and October, the Lady appeared to them again and spoke to them in the Cova da Iria. On the 19th of August, the apparition took place at Valinhos, about 500 meters from Aljustrel, because on the 13th the children had been carried off by the local Administrator to Vila Nova de Ourém.

At the last apparition, on October 13th, with about 70,000 people present, the Lady told them that she was the "Lady of the Rosary" and that a chapel was to be built there in her honour. After the apparition all present witnessed the miracle promised to the three children in July and September: the sun, resembling a silver disc, could be gazed at without difficulty and, whirling on itself like a wheel of fire, it seemed about to fall upon the earth.

Afterwards, when Lucia was a Religious Sister of Saint Dorothy, Our Lady appeared to her again in Spain (10th December 1925 and 15th February 1926, in the Convent of Pontevedra, and on the night of 13th/14th June 1929, in the Convent of Tuy), requesting the devotion of the five first Saturdays (to pray the Rosary, meditate on the mysteries of the Rosary, confess and receive Holy Communion, in reparation for the sins committed against the Immaculate Heart of Mary), and the Consecration of Russia to the same Immaculate Heart. This request had been announced by the Apparition on 13th July 1917, in what is called the "Secret of Fatima".

Years later, Sr. Lucia related that, between April and October of 1916, an Angel had appeared to the three seers on three occasions, twice in the Cabeço and once at the well in the garden behind Lucia's house, who exhorted them to prayer and penance.

Since 1917 pilgrims have not ceased to come to the Cova da Iria in thousands upon thousands from all parts of the world, at first on the 13th of each month, later during the summer and winter holidays, and now more and more at weekends and any day all the year



round, with an annual number of five million people.

(in the Shrine of Fatima's official website)

Batalha Monastery:

(Official website)

Classified as World Heritage since 2007 by UNESCO, the Batalha Monastery, or Convent of Santa Maria da Vitória, is one of the most magnificent architectural jewels in Portugal, and it is also the most significant symbol of the Avis Dynasty.

King João I, Master of Avis, ordered that it be built in thanksgiving for the victory in the Battle of Aljubarrota which ended the difficult crisis of 1383-85, and construction began in 1388, led by Master Afonso Domingues.

Nowadays, the Batalha Monastery is the main final Gothic monument in Portugal and the first one where the "Manueline Art" was applied.

In 1402, the Flaming Gothic influence emerged with Master Huguet who was put in charge of the Monastery's construction work, which brought a breath of fresh air to the structure with the beginning of the construction of the Chapter House's vault, the Founder's Chapel and the Unfinished Chapels (king D. Duarte's pantheon).

Later on, the D. Afonso V Cloister was built (by Fernão de Évora) and the cloister's galleries were closed.

The Monastery's construction was interrupted abruptly, possibly due to the construction of other important monuments, such as the Belém Monastery, and it was only given the proper restoration attention around 1840, when much conservation and restoration work was begun, which lasted many years.