

Gulbenkian academies of Knowledge - Healthy children 2021

Project Total Duration

2018 - 2021

Project Total Grant

€ 30 000,00

FUNDING

FUNDAÇÃO CALOUSTE GULBENKIAN



PRIORITY RESEARCH TOPIC

HEALTH EDUCATION AND LITERACY

PROJECT OBJECTIVES

TO EVALUATE THE EFFECTIVENESS OF AN INTERVENTION PROGRAM, BASED IN THE PROMOTION OF HEALTHY LIFESTYLES, ON EMOTIONAL, SOCIAL AND COGNITIVE DEVELOPMENT LEVELS, AS WELL AS ON EATING HABITS, SLEEP AND PHYSICAL ACTIVITY IN CHILDREN BETWEEN 12 AND 42 MONTHS OF AGE.

PARTICIPANTS INSTITUTIONS

UICISA-E Uminho (RESEARCHERS: RAFAELA ROSÁRIO; CLÁUDIA AUGUSTO)

RESEARCH CENTRE IN PHYSICAL ACTIVITY, HEALTH AND LEISURE, FACULTY OF SPORT, UNIVERSITY OF PORTO (CIAFEL)

