

CPEPIBÉRICO - COPING AND PSYCHOPATHOLOGY IN HEALTH STUDENTS AND PROFESSIONALS: IBERIAN PENINSULA PERSPECTIVE

Project Total Duration

18 months (06-2017 - 12-2019)

Project Total Grant

€ 750,00

FUNDING

PROJ/CI&DETS/2017/0031

POLYTECHNIC INSTITUTE OF VISEU



PRIORITY RESEARCH TOPIC

HEALTH PROFESSIONALS' DEVELOPMENT AND TRAINING

PROJECT OBJECTIVES

TO PRODUCE KNOWLEDGE FOCUSED ON PORTUGUESE AND SPANISH HEALTH STUDENTS AND PROFESSIONALS. IT WILL ALLOW A BETTER UNDERSTANDING OPTIMISM AND PESSIMISM LEVELS, HOW THEY FEEL IN STRESS SITUATIONS AND HOW THEY DEAL WITH THOSE SITUATIONS. FURTHERMORE, IT WILL ASSESS MENTAL HEALTH STATE AND, THEREFORE, INTERVENE IN A CUSTOMISED WAY, DERIVE FROM THE TARGET GROUPS SINGULARITIES. IN THE FUTURE, THIS WILL ALSO ALLOW NURSING TO SUPPORT HEALTH PROMOTION MORE EFFECTIVELY, BOOSTING PEDAGOGICAL AND CLINIC PRACTICES WITH A WIDER RANGE AND BIGGER QUALITY, BY HEALTH STUDENTS AND PROFESSIONALS.

APPLICANT ORGANIZATION

POLYTECHNIC INSTITUTE OF VISEU, THE HEALTH SCHOOL (RESEARCHERS: MARIA MADALENA CUNHA NUNES, SUZANA ANDRÉ)

