

III CONGRESSO INTERNACIONAL DE

ENFERMAGEM DE REABILITAÇÃO

21 - 23 MARÇO 2018 AUDITÓRIO - POLO B

ESCOLA SUPERIOR DE ENFERMAGEM DE COIMBRA

A PESSOA, FUNÇÃO E AUTONOMIA - REABILITAR NOS PROCESSOS DE TRANSIÇÃO NA RESPIRAÇÃO: VENTILAÇÃO/PERFUSÃO/DIFUSÃO



Colloquium

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Cursos

21 March 2018

14:00

Course - Acupuncture and Rehabilitation Nursing - SALA 13

Program

Speaker:

Luís Fernandes

14:00

Course - Cardiac rehabilitation - SALA 6

Program

Speakers:

Ana Vermelho

Maria Loureiro

Soraia Rodrigues

Bruno Delgado

14:00

Course - Neuromuscular taping - SALA 7

Program

Speakers:

Nuno Catela

Carlos Oliveira

14:00

Course - Rehabilitation Nursing in Portugal - SALA 9

Program

Speakers:

Maria Clara Ventura

Manuel Mariz



Congress

22 March 2018

09:30

Initial conference â€“ Rehabilitation nursing in health/disease processes

William César Alves Machado - Professor, Federal University of the State of Rio de Janeiro, Brazil

Moderador: Fernando Henriques - Coordinating Professor, Nursing School of Coimbra

10:30

1st Plenary session â€“ Rehabilitation nursesâ€™ interventions and results in children and adults with obstructive and restrictive disease

Moderator - Rosário Carreiró - Adjunct Professor, Nursing School of Coimbra

- Functional management of chronic respiratory disease in children

Teresa Bandeira - President of the Portuguese Society of Pediatric Pulmonology

- How to promote outpatients' self-care skills?

Luís Gaspar - Nurse Specialist in Rehabilitation Nursing, Hospital of São João - Porto

- The person with dyspnea and fatigue in ADLs. Which interventions?

Joana Silva - Specialist in Rehabilitation Nursing

- Rehabilitation nurse's intervention in people with obstructive and restrictive disease

Manuel Mariz - Adjunct Professor, Nursing School of Coimbra

11:45

Coffee break

12:00

Official opening ceremony

12:30

Lunch

14:00

2nd Plenary Session â€“ Preparing the patient with respiratory changes to become autonomous at home

Moderator - Carlos Oliveira - Coordinating Professor, Nursing School of Coimbra

- Diagnostic evaluation and therapeutic intervention based on the Dynamic Model of Family Assessment and Intervention

Maria Henriqueta Figueiredo - Coordinating Professor, Nursing School of Porto

- Pulmonary rehabilitation to improve the physical and emotional status of patients with chronic respiratory disease

Cidália Rodrigues - Pulmonologist, Coimbra Hospital and University Center

- Pulmonary rehabilitation in patients with COPD: impact on dyspnea, quality of life, and ADLs

António Morais - Coordinating Professor, Nursing School of Coimbra

- Rehabilitation nurses' intervention at the home of patients with respiratory impairment

Glória Couto - Nurse Specialist in Rehabilitation Nursing, Long-term Care Unit Paredes/Rebordosa

15:30



Lançamento de livro

"REABILITAÇÃO: NÔMADES em busca de SENTIDO para o CUIDADO da PESSOA COM DEFICIÊNCIA ADQUIRIDA"

Autores: Nêbia Maria A de Figueiredo, Wiliam Machado e Maria Manuela Martins

16:00

Coffee break

23 March 2018

09:00

3rd Plenary Session – Critically ill patients: breathing with the rehabilitation nurse’s intervention in intensive care settings

Moderator - Henrique Nunes - Adjunct Professor, Nursing School of Coimbra

- Critically ill patients' status variation in the ineffective airway clearance diagnosis associated with the rehabilitation nurses' intervention

Jorge Correia - Nurse Specialist in Rehabilitation Nursing, Intermediate Care Unit of the Emergency Department, Hospital of Braga

- Rehabilitation nurse's intervention results in intensive care settings

Marco China - Specialist in Rehabilitation Nursing, Intensive Medicine Unit, Coimbra Hospital and University Center

- Inspiratory muscle training with threshold resistance device in patients undergoing invasive mechanical ventilation

Rita Bartolomeu - Nurse Specialist in Rehabilitation Nursing, Infectious Diseases ICU, Hospital Center of São João, Porto

10:30

Coffee break

11:00

4th Plenary Session – Cardiac rehabilitation and effort re-education. What is the rehabilitation nurse

Moderator - Clara Ventura - Coordinating Professor, Nursing School of Coimbra

- Cardiac Rehabilitation Phase I - the role of physical exercise

Bruno Miguel Delgado - Nurse Specialist in Rehabilitation Nursing, Hospital Center of Porto

- Cardiac Rehabilitation Phase II - Clinical practice of the Cardiology Department of the Hospital of Vila Nova de Gaia

Maria de Fátima Monteiro Carvalho Silva - Nurse Specialist in Rehabilitation Nursing, Hospital Center of Vila Nova de Gaia/Espinho

- The impact of a cardiac rehabilitation program on the community - phase II and III

Fátima Edviges de Carvalho Marques - Nurse Specialist in Rehabilitation Nursing, Hospital of S. Pedro - Vila Real (CHTMAD)

- Effectiveness of cardiac rehabilitation, phase I, in patients after an acute cardiac event - What is the evidence?

Arménio Cruz - Coordinating Professor, Nursing School of Coimbra

12:30

Lunch

14:00

Debate – Responsibility/intervention/staffing of rehabilitation nurses in care delivery

Moderator - António Amaral - Coordinating Professor, Nursing School of Coimbra

- Manuel Oliveira - Committee for primary health care reform

- Manuel Lopes - Committee for long-term care reform

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- Filipe Marcelino - Committee for hospital reform

- Isabel Ribeiro - President of the Portuguese Rehabilitation Nurses Association (APER - Associação Portuguesa de Enfermeiros de Reabilitação)

- Belmiro Rocha - Chairman of the College of Rehabilitation Nursing Specialty, Ordem dos Enfermeiros

- Sérgio Gomes - Chief Nursing Officer, Portuguese Directorate-General of Health

16:00

Oral presentations



Workshops

21 March 2018

14:00

Occupational ergonomics - SALA 10

Program

Pedro Henriques

16:00

Therapeutic massage - SALA 11

Program

Fátima Ferreira

22 March 2018

14:00

Non-pharmacological pain management techniques - SALA 2

Program

Speakers:

Graça Folhas

14:00

NIV and secretion mobilization - LABORATÓRIO 1

Program

Speakers:

Manuel Mariz e Linde

16:00

Lymphatic drainage - SALA 9

Program

Speaker:

Tânia Azevedo

16:00

Plataformas digitais em reabilitação - SALA 7

Program

Speakers:

Eugénia Mendes

André Novo

Leonel Preto

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16:00

Respiratory kinesiotherapy in children - SALA 10

Program

Speakers:

• Ana Paula Lindo Pleno

• Paulo Jorge Cruz Castelhana



Social Program

22 March 2018

18:00

•Fado ao Centro•

"Fado ao Centro" is a Cultural Center with daily live concerts of Fado from Coimbra.

Here you can talk to the musicians; exchange experiences, and learn more about the Fado from Coimbra and the Portuguese guitar.

Only the best musicians of the city play in Fado ao Centro (always students and former students) and they are selected according to the highest standards.

The English journal "The Guardian" considered it one of 15 must-see places in Portugal.

You can also visit the "Oficina de Construção de Instrumentos" of Fado ao Centro, where the renowned Luthier "Eduardo Loio" works full-time and lectures courses on how to build musical instruments (Portuguese Guitar, Viola, Cavaquinho-small 4-string guitar, and Mandolin).

The Fado ao Centro is, undoubtedly, a place to visit in Coimbra. Following the work that has been held by this Cultural Association, you will find different exclusive editions of books, CDs, and DVDs related to Fado from Coimbra.

20:30

Social dinner

Venue:

Hotel Dona Inês

R. Abel Dias Urbano 12, 3000-001 Coimbra

23 March 2018

14:00

Machado de Castro Museum

This museum is the most important permanent institution in Coimbra. It is located in Coimbra's uptown, near the University and the Sé Nova cathedral.

The National Museum Machado de Castro opened its doors to the public on October 11th, 1913, in the bishop's palace. Remains from the cloister and cryptoporticus (1st century) are still visible, the latter being the most important Roman monument preserved in Portugal. The museum has a vast collection of religious art, archeological findings in gold, silver, and ceramic, and paintings from convents, monasteries, and archeological sites from Coimbra and other places in Portugal.

14:00

Visit the historical area of the University of Coimbra (World Heritage)

The University of Coimbra holds a vast and rich historical, architectural and cultural patrimony, which constitutes a precious common heritage of Humanity. On 22 June 2013, it was recognized by UNESCO as World Heritage site, an award that, much more than reflecting the architectural value of the Coimbra University Complex, highlights the universal value of the Portuguese Culture and Language and acknowledges the central role of Portugal in the history of the world. Its 18th-century Library, located at the Royal Palace of the University of Coimbra, in the courtyard of the Faculty of Law, has a strong rococo style and is recognized as one of the most original and fascinating European baroque libraries. Apart from being a research site for many students, it is also used for

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concerts, exhibitions, and other cultural events.