

Blended Intensive Programme

BLENDING INTENSIVE PROGRAMME (BIP)

"CLINICAL SKILLS: CLINICAL DECISION MAKING (CDM)"

Erasmus+ KA1 Project 2023-1-PT01-KA131-HED-000119584

1st virtual meeting
27 NOVEMBER '24

2nd virtual meeting
5 MARCH '25

physical mobility
7-11 APRIL '25

 Escola Superior de
Enfermagem de Coimbra

 centria
University of Applied Sciences



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Università Vita-Salute
San Raffaele

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PORTUGAL

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the European Union

Nursing School of Coimbra 2025



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Blended Intensive Program (BIP) - "Clinical Skills: Clinical Decision Making (CDM)" – PHYSICAL MOBILITY COMPONENT PROGRAM -

Monday 07.04 Team building day	Tuesday 08.04 Simulation day	Wednesday 09.04 Clinical learning day	Thursday 10.04 Reflection day	Friday 11.04 Multicultural day
9.30 - 10.00 (Campus A) – S. Maior Welcoming words: -President of School -Mobility office coordinator -President of Student Association 10.00 - 10.15 – S. Maior (Helena & Pedro) Short Info about the week program 10.15 - 10.45 – S. Maior Students activity: Getting to know each other & Campus A 10.45 Coffee /Tea break – Sala 1.8 11.15 - 11.45 – S. Maior (António Manuel) Lecture 1: Evidence-based practice for effective CDM (Coimbra) 12.00-13.00 LUNCH 13.15 Snack delivery and Bus to the forest of Bussaco from Campus A 14.00-17.00 Team building in the forest & Picnic in nature 17.00 Bus to Campus A	9.00-10.30 (Campus B) – S. Reuniões (Ivo P., Rogério R., Cláudia B.) – Sala 5 Sala 6 Sala 9 - Group activity: Ethical challenges (Agrup Disc. Ética) 10.30 Coffee /Tea break – S. Reuniões 10.45-12.15 (Anabela) – Lab. Relax. Lab Reab - Clinical Simulation Scenario1: CDM in Infection Control (UCP Fund.) - Visit to the Campus B & Clinical Simulation Labs 12.15-13.15 LUNCH 13.30 - 15:00 (Ana Poço, Teresa S., Marlene L.) – Lab. Relaxamento - Clinical Simulation Scenario 1: CDM in Maternal care (UCP S. Materna) (Marco & Pedro) – Lab. Reab. Sala 5 - Clinical Simulation Scenario 2: CDM in Critical care (UCP EMC) 15.15 -16:00 – Jardim Ass. Est. – Cultural experience: gastronomic sharing of each country 16:30- 17:30 – Jardim Ass. Est. - Academic Traditions in Coimbra & Performance of ESEnFC academic choirs	9.00 -10.30 (Campus A) – S. Maior (Adriana) – Lab. Hospital Dia - Clinical Simulation Scenario 3: CDM in Elderly care (UCP Idoso) (Isabel O. & Ana Catarina) – Lab. Emergência - Clinical Simulation Scenario 4: CDM in Rehabilitation (UCP Reab.) 10.30 Coffee /Tea break – Sala 1.8 11.00 -11.30 – S. Maior (Hanna & Julia) Lecture 2: CDM in gerontological nursing - Supporting the psychosocial well-being of the elderly in Finnish culture (Kokkola) 11.30 -12.00 – S. Maior (Hugo Neves) Lecture 3: Documentation of the CDM in nursing 12.15-13.15 LUNCH 13:30 - 15:00 – Sala 2.1 Sala 2.2 (Helena & Pedro) - Group activity: Problem solving & Debriefing - Virtual Scenario1 e 2 15.00 Coffee /Tea break – Sala 1.8 15:30 - 16:00 – S. Maior (Veronica & Leonor) Lecture 4: Transforming Nursing: Utilizing Health Technology for Effective CDM (Valladolid) 16.00 -16.30 – S. Maior (Alessandro & Elena) Lecture 5: Training nursing student on CDM decision making through simulation (Milano)	9.00-10:30 (Campus A) Group activity: Visit to healthcare institutions (hospital, community centres, ...) 11.00-11.45 – S. Maior - Sharing the main points of each healthcare institution about the nursing role and healthcare delivery - Reflecting about the main conclusions of the BIP week and learning experience 11.45-12.30 – S. Maior (Pedro Parreira) - Lecture 6: Technological solutions in healthcare (Lecture and Prototypes presentation by TecCare) 12.30-13.30 LUNCH 15:30 – 16:00 – Delivery of Snacks and Certificates 16:00 – 20:00 – Cultural experience: visit to the Coimbra University, historic centre and traditional music show ("Fado ao Centro") 20.30 - Students: Dinner at Campus A and Evening program with the ESEnFC Students Association - Teachers: Work dinner with the President of School, head of the nursing degree, mobility office coordinator and research unity coordinator.	9.00-9.30 (Campus A) - Closing words 09:20 Train to Lisbon - Students: Cultural Sight- seeing in Lisbon, Free time - Teachers: Feedback dinner about current BIP edition & Planning the next BIP edition

Blended Intensive Programme (BIP) - Group Allocation for Plenary Activities

Group 1

- MÁRCIO FERREIRA (PT)
- ÍRIS TRINDADE (PT)
- CAIO DINIZ (PT)
- MENCÍA GÓMEZ DE COCA (SP)
- CARLA JIAN CEREZO BLASCO (SP)
- NETTA KANGASJÄRVELÄ (FI)
- SAARA ERKKILÄ (FI)
- CHIARA PELI (IT)

Group 2

- DANIELA PEREIRA (PT)
- MARGARIDA GOUVEIA (PT)
- SARA GIRALDA SENDINO (SP)
- PAULA GUTIERREZ MARTINEZ (SP)
- ANNA MANDERBACKA (FI)
- SALLA UUSITALO (FI)
- ANGELA PIA PISERÀ (IT)
- ALVINA VANGJELI (IT)

Group 3

- SARA PEREIRA (PT)
- JOÃO RODRIGUES (PT)
- SIHAM ZEBDAOUI GUERROUJ (SP)
- LUCÍA CARREÑO MANZANO (SP)
- ELMA ROIKO (FI)
- PÄIVI ZITTRA (FI)
- GIORGIA BAGNO (IT)
- LISA BONACINA (IT)

Group 4

- BEATRIZ MENDES (PT)
- MARIANA FREIRE (PT)
- INÉS BEZANILLA GUERRA (SP)
- LEYRE PARDO SAN JOSÉ (SP)
- LAURA AHO (FI)
- SARA SJÖLIND (FI)
- MARTINA CONTI (IT)
- NICOLE CURTONI (IT)

Group 5

- MADALENA PEDROSA (PT)
- SARA PRESA GARCÍA (SP)
- ERIC GYAMFI (FI)
- CLAUDIA DI NINO (IT)
- KLEIVE TRINDADE (PT)
- ISMAEL HERNANDO LOUIS (SP)
- INNA KOMIAHINA (FI)
- LINDA FERRI (IT)

Blended Intensive Programme (BIP) - Group Allocation for Clinical Simulation

Room A - White Team

Group 1

- MÁRCIO FERREIRA (PT)
- ÍRIS TRINDADE (PT)
- CAIO DINIZ (PT)
- MENCÍA GÓMEZ DE COCA (SP)
- CARLA JIAN CEREZO BLASCO (SP)
- NETTA KANGASJÄRVELÄ (FI)
- SAARA ERKKILÄ (FI)
- CHIARA PELI (IT)

Group 2

- DANIELA PEREIRA (PT)
- MARGARIDA GOUVEIA (PT)
- SARA GIRALDA SENDINO (SP)
- PAULA GUTIERREZ MARTINEZ (SP)
- ANNA MANDERBACKA (FI)
- SALLA UUSITALO (FI)
- ANGELA PIA PISERÀ (IT)
- ALVINA VANGJELI (IT)

Half of Group 5

- MADALENA PEDROSA (PT)
- SARA PRESA GARCÍA (SP)
- ERIC GYAMFI (FI)
- CLAUDIA DI NINO (IT)

Room B - Red Team

Group 3

- SARA PEREIRA (PT)
- JOÃO RODRIGUES (PT)
- SIHAM ZEBDAOUI GUERROUJ (SP)
- LUCÍA CARREÑO MANZANO (SP)
- ELMA ROIKO (FI)
- PÄIVI ZITTRA (FI)
- GIORGIA BAGNO (IT)
- LISA BONACINA (IT)

Group 4

- BEATRIZ MENDES (PT)
- MARIANA FREIRE (PT)
- INÉS BEZANILLA GUERRA (SP)
- LEYRE PARDO SAN JOSÉ (SP)
- LAURA AHO (FI)
- SARA SJÖLIND (FI)
- MARTINA CONTI (IT)
- NICOLE CURTONI (IT)

Half of Group 5

- KLEIVE TRINDADE (PT)
- ISMAEL HERNANDO LOUIS (SP)
- INNA KOMIAHINA (FI)
- LINDA FERRI (IT)

Blended Intensive Programme - Group Allocation for the visit to healthcare institutions

Institution A (14 students)	Institution B (13 students)	Institution C (13 students)
CAIO DINIZ (PT)	DANIELA PEREIRA (PT)	BEATRIZ MENDES (PT)
ÍRIS TRINDADE (PT)	JOÃO RODRIGUES (PT)	KLEIVE TRINDADE (PT)
MÁRCIO FERREIRA (PT)	MARGARIDA GOUVEIA (PT)	MARIANA FREIRE (PT)
MADALENA PEDROSA (PT)	SARA PEREIRA (PT)	SARA GIRALDA SENDINO (SP)
SIHAM ZEBDAOUI GUERROUJ (SP)	CARLA JIAN CEREZO BLASCO (SP)	INÉS BEZANILLA GUERRA (SP)
MENCÍA GÓMEZ DE COCA (SP)	LUCÍA CARREÑO MANZANO (SP)	ISMAEL HERNANDO LOUIS (SP)
PAULA GUTIERREZ MARTINEZ (SP)	SARA PRESA GARCÍA (SP)	LEYRE PARDO SAN JOSÉ (SP)
GIORGIA BAGNO (IT)	CHIARA PELI (IT)	CLAUDIA DI NINO (IT)
LINDA FERRI (IT)	MARTINA CONTI (IT)	LISA BONACINA (IT)
NICOLE CURTONI (IT)	ANGELA PIA PISERÀ (IT)	ALVINA VANGJELI (IT)
ANNA MANDERBACKA (FI)	ELMA ROIKO (FI)	ERIC GYAMFI (FI)
INNA KOMIAHINA (FI)	LAURA AHO (FI)	NETTA KANGASJÄRVELÄ (FI)
PÄIVI ZITTRA (FI)	SALLA UUSITALO (FI)	SAARA ERKKILÄ (FI)
SARA SJÖLIND (FI)	-	-