

Active retirement: study of a healthy ageing promoter program

Project Total Duration

30 months (07.2013 - 12.2015)

Project Total Grant

€ 99 817,00

COFUNDING

PTDC/MHC-PSC/4846/2012

FCT/MCTES(PIDDAC)

FEDER/COMPETE/QREN



PRIORITY RESEARCH TOPIC

ACTIVE AGEING

PROJECT OBJECTIVES

TO PROMOTE HEALTH DURING THE TRANSITION TO RETIREMENT. TO KNOW THE PERCEPTIONS OF COUPLES WHO EXPERIENCE ADAPTATION TO THE RETIREMENT PROCESS AND THE STRATEGIES ADOPTED TO ADDRESS THEM .

APPLICANT ORGANIZATION

HEALTH SCIENCES RESEARCH UNIT: NURSING

NURSING SCHOOL OF COIMBRA (RESEARCHERS: HELENA LOUREIRO; AIDA MENDES; ANA PAULA CAMARNEIRO; ROGÉRIO RODRIGUES; MARGARIDA ALEXANDRA SILVA)



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